

Berkeley Test All-Star: Sofia Oberg

Clocked-in at 2:03 in the 800 m and 4:17 in the 1500 m earns Sofia Oberg the top spot on the Berkeley Test All-star team. As a scholar-athlete at the University of California and Pac-10 All-Academic, Sofia is one of Cal's all-time performers in both the 800 and 1500 and a member of Cal's record setting distance medley relay team.



Aside from being an all-star among U.S. collegiate runners, Sofia, a native of Sweden, competed at the World Junior Championship and won Sweden's under-20 Cross Country Championship. She still owns her HS record in the 800 and is a member of the Swedish National team since 2005. Years of speed workouts and a balanced natural whole food diet high in Nitric Oxide-potent vegetables is part of Sofia's winning training program.

"The Nitric Oxide saliva test strips by Berkeley Test allows me to fine tune my training routine in context of my natural whole foods diet rich in leafy greens and beets."

Each month Berkeley Test will feature an all-star scholar-athlete, an innovative natural product or and publication that advances our understanding of Nitric Oxide biology in athletic performance

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Berkeley Test All-Star: William Huffman

William continues to add to his triathlon resume as an emerging world class athlete. 2012 has been a busy year for William: he podiumed at both the Jr. Elite National and U23 National Championships, achieved 6 top



10 finishes including 1st place at ETU Jr. European Cup, and is a member of Team USA for Jr. Elite World Triathlon Champions in Auckland, New Zealand.

2011 and 2010 were equally impressive with a silver medal at the USA U23 National Championship and secured his elite triathlete license.

As a scholar-athlete at the Texas A&M University, we look forward to what this Olympic hopeful is capable of.

"Natural whole foods diets are critical to my success, especially foods with high Nitric Oxide potency. Berkeley Test Strips serves as an easy-to-use tool to ensure my natural diet is rich in Nitric Oxide potency."

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Berkeley Test All-Star: Coach-Athlete John Dahlz

When John Dahlz is not teaching the trade skills of swimming, cycling, and running as Head Coach at the University of California, he is competing against some of the best professional athletes in the world. This past summer, John placed first in the world-renowned Ironman Vineman Triathlon.



John's accolades include his win at 2009 Collegiate National Championships, a U23 National & World Team Member in '06 & '07, a USAT Elite Development Team Member in '08, and a member of the Olympic Training Center. As a student-athlete of nutrition at the University of California, John recognizes the importance of training in context of diet.

"Berkeley Test allows me to track and optimize my intake of natural Nitric Oxide-potent whole foods to enhance race performance and sustain my endurance."

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